

The New Start Programme



Home-Start Thanet Domestic Abuse Programme ~ The New Start Programme ~

This programme offered interventions to support those impacted by domestic abuse or dysfunctional controlling relationships, and the psychological trauma and practical fall out resulting from this on family life.

This Programme was short term, due to funding limitations, but we are still engaging with women (or men, if referred) to offer emotional and practical solutions and where necessary safety planning strategies through our other Programmes. Focused behavioural support will also be offered to children who may have witnessed and been traumatised by their parents' volatile relationship and are left presenting with anxiety or behavioural challenges.

The New Start programme has improved psychological well-being and led to a safer more stable home environment where parents can move on to healthier relationships and children can reach their developmental and educational milestones. We will continue to support families to do this.

By providing psychological support to women enabling them to gain confidence and understanding as to how dysfunctional relationships occur and gain insight as to how they can work towards a safer, stable future for themselves and their children.



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or ring 01843 609665 for a referral form