

The New Start Programme



Home-Start Thanet is launching a Domestic Abuse Programme

~ **The New Start Programme** ~ This programme offers interventions to support those impacted by domestic abuse or dysfunctional controlling relationships, and the psychological trauma and practical fall out resulting from this on family life.

We will engage with women to talk through the trauma, turbulence and impact made on their lives, and offer emotional and practical solutions and where necessary safety planning strategies. Focused behavioural support will also be offered to children who may have witnessed and been traumatised by their parents' volatile relationship and are left presenting with anxiety or behavioural challenges.

The New Start programme will improve psychological well-being and lead to a safer more stable home environment where parents can move on to healthier relationships and children can reach their developmental and educational milestones.

By providing psychological support to women enabling them to gain confidence and understanding as to how dysfunctional relationships occur and gain insight as to how they can work towards a safer, stable future for themselves and their children.

We are open for referrals now!!



admin@homestartthanet.org.uk

or ring 01843 609665 for a referral form